






Kitchen Assistant Volunteer

Volunteer Role Profile



-  Rainbows Hospice, Loughborough, LE11 2HS
-  Monday-Sunday
-  Min 2 hours a week
-  Must be over 18 years old
Standard DBS (which Rainbows will process)
-  Catering Team

What will I need to do?

Kitchen Assistant Volunteers play a crucial role in supporting our catering staff with essential food preparation and maintaining a clean, tidy, and organised dining area. Our dining room is one of the most important places in the hospice and always a hub of activity where families and visitors can sit together and enjoy a tasty meal or treat during their time at Rainbows. Your contribution is vital to creating a positive experience for our babies, children, young people and their families.

Typical tasks the role could involve:

- **Friendly Face:** Share positivity with your exceptional, friendly service and welcoming smile.
- **Super Unpacker:** Unleash your inner organiser as you unpack shopping deliveries and arrange ingredients in the stock room.
- **Culinary Creator:** If you enjoy cooking then dive into a culinary adventure, showcasing your food preparation and cooking talents.
- **Star Baker:** While it may not be the bake-off, create mouth-watering treats that will delight and impress everyone who tastes them.
- **Cleaning Hero:** Transforming the kitchen after meals by loading/unloading the dishwasher, wiping down surfaces, restocking food displays and ensuring the safe and efficient disposal of food waste, maintaining a pristine environment.

Will it suit me?

If you love meeting new people, want to roll up your sleeves and get stuck in, or want to learn about running a busy catering team which caters for babies, children and young people and their variety of dietary requirements, then this is the perfect volunteering opportunity for you! Choose shifts that fit your lifestyle, whether it's two-hours, half a day, or a full day, any day of the week. Join us and make a difference while having fun!

How will my application be assessed?

Informal Interview: Following the return of a completed application form, you will be invited to speak with the Volunteering Team. This will enable both you and Rainbows to find out more about each other and discuss the role in more detail. There will also be the opportunity to do a trial shift to experience some of the activities to decide if it is something you want to get involved in.

References & DBS Check: As Rainbows is committed to ensuring the safeguarding and wellbeing of the people we work with; you will also be asked to provide two satisfactory character references to support your application. As the role is based at the hospice, Rainbows will process a Standard DBS check.

What benefits and support will I receive?

- An induction and training, including a e-learning training package, to assist you in your role and comply with policies and procedures.
- Staff will be available at all times to provide support, advice and guidance.
- Meet new people and make new friends.
- Feel a sense of accomplishment through supporting the work of Rainbows in being there for babies, children, young people and their families across the East Midlands.

About Rainbows

Rainbows is the only hospice in the East Midlands dedicated to providing specialist health care and family support services for babies, children and young people with serious and terminal conditions.

Our volunteers are invaluable. They help us to deliver a vast range of services across the organisation, through helping either at the Hospice, externally at a range of events in the community or at one of our shops. The truth is we can't do our work without the help of our volunteers – together we bring more love, smiles and laughter to our children and families.

Our commitment to diversity and inclusion

We believe that everyone who works, engages and is supported by Rainbows should be valued and treated with dignity and respect. At Rainbows we strive to ensure we are there for everyone who needs us and maximise our reach by learning from the experiences of others, working across all communities and truly listening to a range of different voices.

Our values

At Rainbows, our values are evident in everything we say and do; they are what makes Rainbows so special. All volunteers should be aware of our values and strive to always uphold these values and behaviours.



Note: This role profile is not a job description and is not intended as a legally binding contract of employment with Rainbows. It is a role profile for a volunteering role, detailing the tasks we may ask of a volunteer, the skills and commitment we are looking for, and what a volunteer can expect in return for their generous offer of time.

We care for babies, children and young people in the East Midlands – wherever they are.

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